

Advertisement for the position of Counselor (Wellness Therapist) Through HCU Project

1. IIT Indore invites applications for the position of Wellness Therapist (WT) at the Wellness Centre in the Institute. The Institute is a residential campus housing more than 3000 students. The Wellness Therapist will play a key role in supporting the mental, emotional, and psychosocial well-being of students at IIT Indore. The position focuses on providing therapeutic interventions, stress-management support, and wellness guidance through evidence-based and holistic practices. The role works in coordination with the Institute's Counselling Cell, Student Affairs, and Health Centre to foster a healthy, resilient, and supportive campus environment.

2. The details of the position are as follows:

Post	No. of vacancies	Essential Qualifications	Consolidate Salary per month
Wellness Therapist (Through HCU Project)	02	MPhil and MA / MSc in Clinical Psychology with minimum 01-year experience in a hospital or Psychiatry Clinic OR MA / MSc in Clinical Psychology with minimum 03 years' experience in a hospital or Psychiatry Clinic	₹50,000 to 60,000/- (Consolidated)

3. The Job Profile/ Responsibilities are as follows:
 - (a) Provide counselling services to assist community in managing mental health concerns.
 - (b) Provide Wellness therapy sessions focusing on Stress, Anxiety, Emotional Imbalance, Sleep Issues, Academic Pressure, and general Well-Being.
 - (c) Carry out initial assessments to understand community issues, concerns, and wellness needs.
 - (d) Identify students showing signs of distress and provide early-intervention support.
 - (e) Maintain confidential wellness records, follow-up plans, and progress documentation.
 - (f) Assist in designing and implementing campus-wide wellness programs, including Wellness Week, Exam-time relaxation sessions, and Hostel well-being activities.
 - (g) Collaborate with Counselling Unit, Student Affairs, Sports, and Health Centre to integrate wellness practices into student life.
 - (h) Develop informative content on wellness practices, coping strategies, and emotional health.
 - (i) Create a positive, approachable, and trust-based environment for community.
 - (j) Promote help-seeking behaviour among the community through outreach sessions.
 - (k) Conduct group sessions/workshops on stress management, emotional resilience, self-care routines, meditation, and lifestyle balance.
 - (l) The experience may be relaxed for meritorious candidates.
4. Essential Requirements:
 - (a) The Wellness Therapist will be required to reside in the Students Hostel in the campus. They must also be available to attend to emergencies at any time.
 - (b) Must possess good oral and written communication skills, with the ability to interact effectively and sensitively with a diverse community of students and staff members.
5. The engagement is purely temporary and contractual, initially for one year. The contract may be renewed annually, subject to satisfactory performance and at the discretion of the Institute's authorities.
6. **Eligible applicants can share their CV via email** to the Counselling Cell at counsellingcell@iiti.ac.in and mark a copy (cc) to the Dean of Student Affairs at dosa@iiti.ac.in and the Counselling Cell Head at head-live@iiti.ac.in
7. Shortlisted candidates will be required to appear for a Written Test and/or Interview, which will be conducted at the IIT Indore campus
8. **Last day for application: - January 31, 2026.**